



Community Blessings
Foundation
Bridging the Gap

NEWSLETTER



OUR MISSION

The Community Blessings Foundation offers support to those affected by substance abuse and other co-occurring disorders giving encouragement to access recovery for addiction and mental health challenges.

WHAT WE DO

Our foundation works with community partners and public/private funding sources to provide access to recovery supports. Through education, advocacy and peer recovery coaching, we contribute to the continuum of care throughout their recovery journey. We also support individuals and families to navigate the treatment process.

National Survey on Drug Use and Health

Co-occurring substance use disorder with any mental illness

- 13.5 percent of young adults aged 18 to 25 had both a substance use disorder and any mental illness in the past year.
- Nearly 1 in 3 adults had either a substance use disorder or any mental illness in the past year, and 46 percent of young adults 18-25 had either a substance use disorder or any mental illness.
- The percentage of adults aged 18 or older who met the criteria for both a mental illness and a substance use disorder in the past year was higher among Multiracial adults than among White, Black, Hispanic or Latino, or Asian adults. Asian adults were less likely to have had both AMI and a substance use disorder in the past year compared with adults in most other racial or ethnic groups.

Recovery

- 7 in 10 (72.2 percent or 20.9 million) adults who ever had a substance use problem considered themselves to be recovering or in recovery.
- 2 in 3 (66.5 percent or 38.8 million) adults who ever had a mental health issue considered themselves to be recovering or in recovery.

**SAMHSA Announces National Survey on Drug Use and Health (NSDUH) Results Detailing Mental Illness and Substance Use Levels in 2021*

RECOVERY IS POSSIBLE



RECOVERY HOUSING

Community Blessings Foundation has helped over 40 men, women and children annually by providing safe and supportive recovery housing in Newport County. Our past experience has demonstrated the need for residential facilities on Aquidneck Island. Community Blessings Foundation recovery residences create an environment to help residents with support groups, relapse prevention, employment and community resources. The structured living program was created to assist individuals and families in the recovery process and learning to live a life of wellness and healthy decision making.

COMING SOON...

Community Blessings Foundation to announce a community based initiative.

Healthy Living in Recovery

GIVE THE GIFT OF RECOVERY & PREVENTION

Through sponsors, donors, and grants we are able to provide access to our community members seeking support. Our fundraising campaign will include a comedy show in February followed by 401 Gives on April 1.



Contact Community Blessings Foundation for more information or to be added to our mailing list:

Program Manager: Lori Kosicki

1-888-344-4045

email: info@communityblessingsfoundation.org

website: www.communityblessingsfoundarion.org

A Message from Our President, James McKenna

The Foundation works with partners, existing community networks and public/private funding sources to increase availability and access to resources that support substance abuse prevention, treatment and integrated recovery solutions across the entire continuum of care. We are passionate about helping individuals and families navigate the highly complex treatment system assuring them the best possible path to recovery. We offer grant based programs where individuals can apply for assistance for recovery residence, education, clinical services, child care, basic insecurities and wellness care services.